



NEW ORLEANS  
GRIEF CENTER

New Orleans Grief Center  
www.neworleansgriefcenter.com

# WEEKLY GRIEF GROUP THERAPY



Share the burden  
Heal within  
Find hope

The General Grief Group meets weekly and provides a combination of learning and processing grief and the individual's grief experience. The group is led by a licensed professional who presents a topic each week that encourages discussion and participation by each group member.

## MONDAYS, 5:30-7:00PM

- ✓ 7 - 10 percent of bereaved adults develop persistent symptoms of prolonged grief disorder (American Psychiatric Association, 2022)
- ✓ Prevalence of prolonged grief disorder can be as high as 49% among survivors of traumatic loss
- ✓ Of those with prolonged grief disorder, 33.9% also met criteria for PTSD and 30.2% met criteria for Major Depressive Disorder (Rheingold AA, Williams JL, et al., 2024)

Learn More Here!



Call to Register  
**504-224-9596**

### \$55/ SESSION

\$200 FOR 4 GROUPS (DISCOUNT OF \$20)  
\$360 FOR 8 GROUPS (DISCOUNT OF \$80)  
\$480 FOR 12 GROUPS (DISCOUNT OF \$180)

